



## Track & Field

Season Fees: \$50

Jersey Deposit: None

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## Events

- Track: 100m, 200m, 400m, 800m, 1500m, 3000m, hurdles, 4 x 100 m relay, 4 x 400 m relay
- Throws: shot, discus, javelin
- Jumps: High, Long, Triple, Pole vault
- Quad: 100m, 800m, Long, Shot

## Age Categories

- Senior = 16 and over as of August 31, 2021
- Junior = under 16 as of August 31, 2021
- Intermediate = under 15 as of August 31, 2021

## Registration on SSSAD

Athlete registration is now open. Google "SSSAD.net" and click on "Register Now" button.

## Practices & Meets

Practices will begin on Monday April 27, and will be held at noon hour and after school.

Mini Meets will be held:

- Thursday, April 28 (Field House)
- Wednesday, May 4 (GHSC Track)
- Wednesday, May 11 (GHSC Track)
- Tuesday, May 17 (GHSC Track)

The City Championships will be held

- Wednesday, May 25, and Thursday, May 26 @ the SHSC Track

Provincials will be held:

- Regina on Friday, June 3, and Saturday, June 4.

**If there are any parents who would like to help coach, please contact our Athletics Director, Terry Graham, at 306-290-7685 (call or text) or [grahamt@saskatoonchristianschool.ca](mailto:grahamt@saskatoonchristianschool.ca).**

**We look forward to a great season!**